

SLSWA Circular

No: 16, 2011/12

To: Club Administrators, Club Coaches, Club Surf Sports Officers

CC: Club Secretaries, SLSWA Board of Directors, Surf Sports Managers

From: Patrick Allin, Sports Development Officer
Ph: 08 9243 9444 (SLSWA Office Hours Monday to Friday, 8.30am to 5pm)
Email: pallin@mybeach.com.au

Date: 8 July 2011

Subject: **Level 1 Surf Coach Accreditation Course**

Summary:

Applications are now invited for attendance at Level 1 Surf Coaching accreditation course to be held at Cottesloe SLSC on Saturday 3 & 4 September 2011

Action:

Clubs are encouraged to recruit members to become accredited coaches by attending a Level 1 Surf Coaching Course.

Applications must be received by Friday 5 August 2011

Level 1 Surf Coaches Course Dates:

Course 1: Saturday 3 and Sunday 4 September 2011 Venue: Cottesloe SLSC

Level 1 Courses will be run over a 13 hour period in two parts:

Part 1: Saturday 8:00am – 5:00pm (Theory)

Part 2: Sunday 8:00am – 12:00pm (Practical)

Level 1 Surf Coaching Course Aims:

- Enable participants to deliver and review introductory surf life saving training activities.
- Provide an introductory level for persons wishing to pursue a career (voluntary or professional) in surf life saving coaching at a club level.
- The Level 1 Course provides the expertise to coach at club level and covers the following units:
 - Introduction to SLSA Coaching
 - Athlete Development
 - Planning Training
 - The Main Set
 - The Training Session
 - The Training Program
 - Sports Science
 - Delivering & Reviewing Training
 - Insurance policies of SLSWA

Level 1 Surf Coach Accreditation Components:

- 1) Attend a Level 1 Surf Coaching Course.
- 2) Attend a four hour practical session covering two disciplines.
- 3) Successful completion of course work pack (including workbook and assignments).
- 4) Complete 20 hours of coaching with a supervisor coach. Supervisor must sign the form once hours are completed.
- 5) Complete Surf Coach Application Form, found in course pack, and return to SLSWA along with completed workbook, assignments and coaching hours for processing.

Course Details:

- Level 1 Course Cost - \$145.00 (including GST).
- Lunch will be provided.
- SLSWA will invoice clubs for course participants. Fee includes course materials and SLSA accreditation on completion of required components.
- To complete the course you must attend the theory and practical components of the course.

HOW TO ENROL

Enrolment for the Course is by application only (please complete the attached form).

Members wishing to enrol in the Level One Surf Coach Course must be:

- A current financial member of a club affiliated with Surf Life Saving WA.
- A minimum of 16 years of age.
- This course is limited to 30 places, since course packs must be ordered from Sydney, applications must be received by the advertised closing date.

Confirmation will be sent out to applicants a minimum of 1 week prior to course commencing.

Please forward all completed Course Application Forms to:

Patrick Allin, Sports Development Officer
Surf Life Saving Western Australia
PO Box 382
North Beach, WA 6920
Fax (08) 9243 9444
Email: pallin@mybeach.com.au



Paul Andrew
Chief Executive Officer

LEVEL 1 SURF COACH COURSE APPLICATION FORM
Course 1: 3 & 4 September 2011 (Cottesloe SLSC)
Applications close Friday 22 July 2011

First Name _____ Last Name _____

Club _____

Date of Birth _____ Male Female

Postal Address _____

Postcode _____

Phone (home) _____ Phone (work) _____

Phone (mobile) _____ Fax _____

Email _____

Discipline I would like to become accredited in (please select two only):

- | | | | |
|--------------------------------|-------------------------------------|------------------------------|--|
| <input type="checkbox"/> Beach | <input type="checkbox"/> IRB | <input type="checkbox"/> R&R | <input type="checkbox"/> Surf Boat Sweep |
| <input type="checkbox"/> Board | <input type="checkbox"/> March Past | <input type="checkbox"/> Ski | <input type="checkbox"/> Swimming |

Club Endorsement - to be completed by applicant's club

I _____ acknowledge that the above person is a registered member of _____
_____ SLSC.

Position: _____ Signature: _____

I give permission for SLSWA to deduct the appropriate fee from the clubs trading account for this person to attend the Level 1 Surf Coach Accreditation Course: Management Approval Signature: _____

Name: _____ Date: _____

Applicant's Signature: _____ Date: _____

Please complete and return to SLSWA, attention Patrick Allin, PO Box 382, North Beach WA 6920

Applications need to be returned no later than Friday 22 July 2011

A cancellation fee of \$75.00 will be applied to those who enrol and do not participate.

If insufficient enrolments are received the course will be cancelled and participants will be notified as soon as possible.